

CM flags off anti-drug awareness run in Faridabad; 1.35L take part

SANJAY YADAV

FARIDABAD, SEPTEMBER 27 Chief Minister Nayab Singh Saini on Sunday flagged off the ‘Drug-Free Haryana Faridabad Namo Marathon-2026’ from the historic Surajkund, with more than 1.35 lakh people participating in the mega event.

Addressing the participants, CM Saini said, “A resounding voice against drugs has risen from the land of Faridabad through the Namo Marathon,” adding that the steps taken in the marathon carried forward the state’s collective consciousness and resolve against drugs. Former Indian cricket team player Shikhar Dhawan also joined the marathon.

More than 1.35 lakh people registered for the grand marathon organised in Faridabad, and almost all registered participants reached the venue to take part in the event. The massive participation transformed Surajkund into a magnificent reflection of the collective resolve for a drug-free society.

Participants took part in different categories of the marathon, including the 21-kilometre, 10-kilometre and 5-kilometre categories. The CM showered flower petals on the participants and encouraged them. He said, “Haryana’s identity is defined by hard work, medals and valour. The youth of the state are known not for drugs, but for their hard work, talent and dedication towards their goals,” calling upon the youth to firmly

Former cricketer Shikhar Dhawan joins marathon



CM Nayab Singh Saini flags off the ‘Drug-Free Haryana Faridabad Namo Marathon-2026’ from Surajkund.

say ‘no’ to drugs.

CM Saini administered a pledge to the participants, urging them to stay away from drugs and play their role in building a drug-free society. “The fight against drugs is not the responsibility of the government or the police alone. It is a collective fight involving every household, every school and every village. Parents and teachers should maintain open and regular communication with children. Youth is the greatest strength of any nation. Therefore, it is essential to protect youth power from the grip of drugs and channelise their energy towards nation-building,” said Saini.

The CM added that the mes-

sage of de-addiction was being taken to every district and village of the state through ‘Haryana Uday’. “If any family requires assistance related to drug addiction, it should not hesitate to seek help. Seeking help is not a sign of weakness, but a sign of courage,” he said. Manik Malik, CEO and president, BPTP Limited, the sponsor of the event, said, “The Faridabad Half Marathon has created a strong platform for people from different walks of life to come together, and the participation of the CM further reinforces the importance of collective action towards a healthier Haryana.”

In the 21-kilometre men’s category, Prashant Chaudhary

emerged as the winner, while Vikram Singh secured the first runner-up position and Anuj Meena finished third. In the 21-kilometre women’s category, Sonika emerged as the winner, while Manav Rana secured the first runner-up position and Bhumika finished as the second runner-up.

In the 10-kilometre men’s category, Rohit Kumar emerged as the winner, Gaurav secured the first runner-up position and Nishant Karhana finished as the second runner-up. In the 10-kilometre women’s category, Neeru Rani secured the first position, Sonia Upadhyay finished as the first runner-up and Reema Patel secured the second runner-up position.

CISF Inspector cremated in Jhajjar with full honours

TRIBUNE NEWS SERVICE

JHAJJAR, SEPTEMBER 27

CISF Inspector Som Prakash, who was posted in Delhi, was accorded a final farewell with full honours in Jhajjar on Sunday. His mortal remains, wrapped in the Tricolour, were brought to the cremation ground, where uniformed personnel offered a ceremonial salute as per protocol.

Som Prakash, wife died in road accident

59-year-old Som Prakash was killed in a road accident while returning from Gurugram, where he had gone by ambulance for medical treatment. The ambulance collided with a trailer, killing Som Prakash, his wife Lakshmi Devi and the driver, Pramod. Their son Pankaj was injured in the accident. Lakshmi was also cremated with Prakash.

The tragedy struck the family just four days after Pankaj welcomed a baby boy. The celebrations soon turned into mourning as the family prepared for the last rites of the newborn’s grandparents. Pankaj, who was injured in the crash, has two sons.

Som Prakash had earlier suffered serious injuries in another road accident in Delhi’s Mahipalpur area while travelling for duty. He was undergoing treatment at a private hospital in Gurugram. Som Prakash travelled to Gurugram to have his stitches removed. While returning, the ambulance met with an accident near Pelpa village.

Experts discuss advances in cardiology at PGIMS meet

RAVINDER SAINI

TRIBUNE NEWS SERVICE

ROHTAK, SEPTEMBER 27

Irregular heartbeats should not be taken lightly as they may remain unnoticed for a long time and potentially lead to serious complications, including heart failure and other life-threatening conditions, said Dr HK Aggarwal, Vice-Chancellor, Pt BD Sharma University of Health Sciences, Rohtak.

Dr Aggarwal was speaking as the chief guest at the inauguration of the two-day national cardiology conference, CRISCON-2026, that concluded at PGIMS, Rohtak, on Sunday. The conference has brought cardiologists and electrophysiologists from various states together to discuss advances in cardiac care and ways to make modern treatment accessible to patients in Haryana, the organiser said.

“Cardiovascular disease remains one of the major health challenges worldwide. Significant advances in diagnosis and treatment have made several procedures less invasive and more precise. The best treatment for heart disease is to prevent it from developing in the first place. Hypertension, diabetes, obesity, high cholesterol, tobacco use, physical inactivity and unhealthy dietary habits are among the major risk factors that need attention,” said the VC.

Dr Aggarwal called for greater community-level awareness about healthy lifestyles, regular exercise, nutritious food, tobacco cessa-



Pt BD Sharma University of Health Sciences VC HK Aggarwal (centre) with cardiology experts at PGIMS-Rohtak. TRIBUNE PHOTO

tion and periodic health check-ups. He also stressed the importance of medical research and said technological progress could never replace the relationship between doctors and patients. He urged doctors to combine clinical expertise with compassion, ethics, humility and trust.

Dr RK Yadav, Professor in the Department of Nephrology at AIIMS, New Delhi, and Dr Deepak Jain, Senior Professor at PGIMS, Rohtak, also shared their insights into the interrelationship between renal and cardiovascular functions and discussed the emerging challenges in this field.

PGIMS Director Dr SK Singhal said cardiac rhythm disorders, collectively known as arrhythmias, affect a significant proportion of the population and become more

common with advancing age. Dr Ashwani Kumar, Head of the Department of Cardiology, said the conference aimed to bridge the gap between medical discoveries and their practical application in patient care.

“Government institutions form the backbone of healthcare for India’s large population and can develop into centres of excellence in modern cardiology. The conference provides doctors from government and private institutions with an opportunity to share experiences, discuss practical challenges and translate new evidence into meaningful patient care,” said Dr Ashwani.

PGIMS Dean Dr Ashok Chauhan and Head of Pulmonary & Critical Care Medicine Dr Dhruva Chaudhry were among those present on the occasion.

Central varsity seminar on Saraswati-Sindhu civilisation

MAHENDRAGARH, SEPTEMBER 27

The Centre for Indian Knowledge Tradition at Central University of Haryana (CUH), Mahendragarh, organised a one-day seminar on the Saraswati-Sindhu Civilisation.

The seminar was attended by Narendra Parmar, Deputy Director, Department of Archaeology, Government of Haryana; Prof Keshav Mishra,

eminent historian from Banaras Hindu University; and noted archaeologist Prof Jeevan Kharakwal.

The event focused on various aspects of the Saraswati-Sindhu Civilisation, recent archaeological research, findings from excavations at Rakhigarhi and other sites, and the contemporary relevance of the Indian Knowledge Tradition.

During the seminar, the experts highlighted the historical, cultural and archaeological dimensions of Indian civilisation and emphasised the need to understand Indian history from an Indian perspective.

Parmar presented findings from excavations at Rakhigarhi and other archaeological sites through photographs and a presentation. — TNS

Punjabis give 7-day ultimatum to Karnal dharamshala mgmt to address issues

TRIBUNE NEWS SERVICE

KARNAL, SEPTEMBER 27

Members of the Punjabi community have given the management of Punjabi Dharamshala, Sector 9, a seven-day ultimatum to respond to issues raised over its management, membership, elections, financial transparency and community participation.

They said that if no written response or satisfactory resolution is received within the stipulated period, they will explore legal remedies and, if required, hold a peaceful protest outside the dharamshala.

A 31-member team was also constituted during the meeting to coordinate further action on the issues

raised and maintain communication with members of the community.

The decision was taken at a joint meeting of members of the community held at Punjabi Dharamshala on Sunday, which was led by Pankaj Gaba. A large number of senior citizens, youths and other members of the community shared their views on the functioning and management of the institution.

Gaba said prominent members of the community, including Lalit Arora, Parvesh Arora, Sam Khatri, Vishal Arora, Somnath Dawar, Vir Vikram and Virender Mehta, have sought clarification on whether the dharamshala had been brought under any private trust. If so, they demanded

that the relevant documents and details of the process be placed before the community.

The issue of membership fees was also raised prominently. Gaba questioned the proposed membership fee of Rs 1 lakh, saying that such a fee could make it difficult for ordinary Punjabi families to become members. “We demand that membership should be opened for all community members and that the fee be reduced to Rs 1,100,” he added.

“We demand regular, fair and democratic elections for the president and management committee of the Punjabi Dharamshala. We also seek a complete disclosure of the Dharamshala’s income, expenditure and other financial details,” Gaba added.

BJP workers listen to PM’s ‘Mann Ki Baat’ in Yamunanagar

TRIBUNE NEWS SERVICE

YAMUNANAGAR, SEPTEMBER 27

BJP workers and residents listened to the 138th episode of Prime Minister Narendra Modi’s ‘Mann Ki Baat’ programme on Sunday at the residence of Ashok Duggal in Thapar Colony Shakti Kendra.

During the address, PM Modi spoke on several important issues, including citizens’ participation in Census-2027, nutrition, keeping the youth away from drugs, environmental and wildlife conservation, the global promotion of Indian culture, and national security.

DARSH MODEL DEGREE COLLEGE, GOHANA (Affiliated to M.D. University, Rohtak)	
PUBLIC NOTICE – ELECTION OF GOVERNING BODY	
Fresh elections for the Governing Body of the College shall be conducted in accordance with Statute 38 and the guidelines of M.D. University, Rohtak, for the following posts: President (01), Vice-President (01), General Secretary (01), Treasurer (01), Members of Electing Body, along with Teaching Staff Representatives (02).	
ELECTION PROGRAMME	
Particulars	Date & Time
Filing of Nominations	30.09.2026 to 05.10.2026 (10:00 AM to 2:00 PM)
Scrutiny of Nominations	06.10.2026 at 11:00 AM
Withdrawal of Nominations	07.10.2026 up to 2:00 PM
Allotment of Election Symbols	07.10.2026 up to 3:00 PM
Date of Election	10.12.2026
For further details, please contact the College Office.	
Returning Officer, Darsh Model Degree College, Gohana	

OFFICE OF THE ASSISTANT REGISTRAR, COOPERATIVE SOCIETIES, KARNAL				
The Karnal Central Cooperative Consumer Store Ltd, Karnal. Minar Road, Karnal 132001 Telephone No 0184-2268464, E-Mail-arcsknl@yahoo.com, website: www.rcsharyana.gov.in				
Election Program:-				
Election Programme of Members of The Managing Committee of The Dhakwala (M-PACS) Multipurpose Primary Agriculture Cooperative Society Ltd. Dhakwala, (Karnal) to be held on 29.11.2026.				
S.No.	Program	Date	Time	Place
1	Exhibition of list of voters as required under sub para 2 of rule 35 (APPENDIX A PART- III)	05.10.2026 to 09.10.2026	9 AM to 5 PM	1. O/o ARCS Karnal. 2. Inspector C.S Karnal-I. 3. Concerned Branch C.B. 4. Common place of the area of operation C/S.
2	Filling of objection if any of voters list as per Sub Para 3 of rule 35 (APPENDIX A PART-III)	12.10.2026	9 AM to 12 PM	O/o ARCS Karnal. Place The Karnal Central Consumer Store Building, Minar Road, Karnal
3	Hearing of objection voters list as required u/s 35(4) (APPENDIX A PART- III)	12.10.2026	2 PM to 4 PM	-----do-----
4	Filling of Nomination Papers	16.11.2026	10AM to 2.00 PM	-----do-----
5	Display of list of recived nominations papers.	16.11.2026	4.00 PM	-----do-----
6	Scrutiny of nomination papers	17.11.2026	10AM to 2.00 PM	-----do-----
7	Display of list of valid nominations papers	17.11.2026	4.00 PM	-----do-----
8	Withdrawal of nomination papers	19.11.2026	10AM to 2.00 PM	-----do-----
9	Allocation of Symbols	19.11.2026	4.00 PM	-----do-----
10	Taking of poll if necessary	29.11.2026	8AM to 4.00 PM	Govt. Senior Secondary School Dhakwala Gujran, Distt. Karnal
(Aditi Sangar) Returning Officer-Cum-Assistant Registrar, Cooperative Societies, Karnal				
Note: (i) It is compulsory of all voters to bring their Society pass book/other photo ID. (ii) Total no. of 10 Managing Committee will be Elected out of Them 07 Members of Agriculture And 03 Members of Non-Agriculture will be Elected. (iii) Out of 10 Elected Committee Members, at least 2 Women, 1 S.C. Member and if B.C. Voters more than 10% One B.C. Member will elected.				

CISF tops police wrestling c’ship with 22 gold medals

PARVEEN ARORA

TRIBUNE NEWS SERVICE

KARNAL, SEPTEMBER 27

Five days of intense competitions came to an end at the Haryana Police Academy in Madhuban with the grand valedictory function of the 75th All-India Police Wrestling Cluster 2026-27 on Sunday.

The CISF emerged as the overall top-performing team, securing 22 gold, eight silver and 20 bronze medals to finish first in the medal tally. The Uttar Pradesh Police finished second with 14 gold, 22 silver and 16 bronze medals, while the BSF secured third position with 11 gold, seven silver and 13 bronze medals.

In arm wrestling, Uttar Pradesh won the men’s and women’s overall winner trophies, while Punjab and Rajasthan finished runners-up in the men’s and women’s arm wrestling, respectively. UP emerged victorious in men’s bodybuilding, with CISF, Punjab and Kerala sharing the runners-up trophy. Maharashtra won the women’s bodybuilding title and Assam finished runner-up.

In boxing, BSF claimed the

Uttar Pradesh cops finish second, BSF secures third place



Haryana ex-DGP BS Sandhu presents a trophy to the winning CISF team in Madhuban on Sunday.

winner’s trophy in both the men’s and women’s categories. ITBP was runner-up in the men’s section, while SSB finished runner-up in the women’s category. In men’s freestyle and Greco-Roman wrestling, CISF emerged the winner and Uttar Pradesh finished runner-up. In women’s freestyle wrestling, BSF claimed the

winner’s trophy, with CISF finishing runner-up.

The five-day competition, organised from September 23 to 27, witnessed participation from 37 teams and 1,443 players, including 1,051 men and 392 women from across the country. Around 130 technical officials were also associated with the event. Athletes competed in arm wrestling, body-

building, boxing and wrestling across men’s and women’s categories. The championship saw a total of 81 gold, 81 silver and 131 bronze medals being won.

BS Sandhu, former Haryana DGP, attended as the chief guest and congratulated the participating sportspersons for their spirited performances. He highlighted the participation of 392

women players, calling it a strong example of women’s empowerment. Sandhu said women were making their presence felt across every field, including sports.

He said that sport was not merely about winning or losing but also about discipline, confidence, perseverance and the ability to keep moving forward after setbacks. Congratulating the medal winners, he also encouraged those who could not win medals to treat the experience as an opportunity to learn and prepare for future competitions.

Sandhu said the Haryana Police had successfully hosted 21 police sports competitions so far. He also highlighted the Haryana Police’s welfare initiatives for its personnel and their families, including the establishment of 22 DAV Police Public Schools, where around 24,000 children are studying. He said police employees’ children received a 50 per cent concession in tuition fees, while children of police personnel and SPOs who died in service have been provided free education in these schools since 2022-23.